

KinderDance 2 May Lesson Plan

- During our stretching section, we will work on jumping-jack-twist and combine with clown walks. We will also work on other skills in the dance that dancers have trouble with.
- Dancers will work on arm boxes, clap/jump back and mouse runs during our body isolations section
- Our motor skills section will focus on the dancer's favorite skill. Each dancer will do their favorite skill forwards, backwards, sideways and in a circle.
- Ballet skills this month include: port de bras (1st, 2nd, 3rd, 4th and 5th positions), tendu with pointed toes, battement with straight legs and chaine turns across the floor. We will also work on our ballet dance for recital.
- Dancers will execute skills called out during "Kinderdance ABC's"
- Our imagery this month centers around the Earth. Dancers will be challenged to be the Earth, sun, moon and stars. It's great to see their interpretation of these!
- Tap skills this month include shuffle-step, toe-tap back and flaps. Dancers will also do their favorite tap skill across the floor. We will also work on our tap dance for recital.
- We will review our Kinderdance Theme song so we are ready for our big finale at recital!